Health Outreach Programmes in the Local Community

Alfaisal University delivers outreach programmes and projects in the local community, including student volunteering programmes, to improve and promote health and well-being. The programmes below serve the local community (Riyadh), disadvantaged people and immigrant communities.

Last updated: November 2026

Title	Department	Date	Community Served	Health Topic	Source	Description
Local community (Riyadh)						
CAS Blood Donation Campaign 2024	Community and Service Committee (CAS)	October 6 to 10, 2024	Local community (Riyadh)	Blood donation	Alfaisal University News, October 12, 2024	Held in collaboration with King Abdulaziz Medical City, the campaign saw hundreds of donors participate. CAS has organized biannual blood donation campaigns since 2012, raising awareness about the life-saving importance of donating blood.
Saudi Wellness Meet: Start with Women	College of Medicine	October 26, 2024	Local community (Riyadh)	Women's health and holistic well-being	Alfaisal University News, October 28, 2024	An initiative founded by Dr. Baraa Alghalyini that brought together experts, advocates and community members to champion women's health and make wellness and holistic health accessible.
12th Annual Health Promotion Project (HPP) Exhibition	College of Medicine	November 28, 2024	Local community (Riyadh)	Preventive medicine and patient safety	Alfaisal University News, December 5, 2024	Medical students presented interactive health education booths that attracted over 1,000 visitors, including high school students, university peers, healthcare professionals and community members.

Title	Department	Date	Community Served	Health Topic	Source	Description
Neurology Awareness Event at Schools	Medical Students' Association (MSA)	February 11, 2025	Local community (school students)	Neurological health	MSA website, Previous Events 2025	An outreach event that raised awareness about neurological health among school students.
Run4Rare Community Run	Alfaisal University	February 22, 2025	Local community (Riyadh)	Exercise and rare disease awareness	Alfaisal University News, February 25, 2025	Alfaisal University hosted the Run4Rare race and awareness event for International Rare Disease Day, in collaboration with King Faisal Specialist Hospital & Research Centre (KFSHRC) and King Faisal Foundation (KFF). The run brought together students, faculty and community members of all ages, with awareness booths organized by the Medical Students' Association (MSA).
Public Health Awareness Campaigns	Medical Students' Association (MSA)	February to November 2025	Local community (general public)	Disease prevention and awareness	MSA website, Previous Events 2025: Gastroenterology Oncology Congenital Defects Stroke Cardiac Conditions	Gastroenterology Awareness Event with King Saud Medical City (KSMC) (February 12, 2025); Oncology Walk-In Event offering open-access oncology education and awareness (February 16, 2025); Congenital Defects Awareness Event with Dallah Hospital (April 17, 2025); Stroke Awareness Event with King Faisal Specialist Hospital (KFSH) emphasizing stroke recognition (November 5, 2025); and Cardiac Conditions Campaign with the National Guard on common cardiac conditions and prevention strategies (November 30, 2025).

Title	Department	Date	Community Served	Health Topic	Source	Description
Al Hussan Model International School Visit	MSA Emergency Medicine Interest Group (EMIG)	October 16, 2025	Local community (school students)	First aid and emergency response	MSA website, Previous Events 2025	An outreach activity that promoted emergency medicine awareness and first response education for school students.
13th Annual Health Promotion Project (HPP) Exhibition	College of Medicine	December 4, 2025	Local community (Riyadh)	Preventive health and community health education	Alfaisal University News, December 28, 2025	Under the theme “Back to the Future - A Healthy Saudi 2040”, first-year medical students presented more than 50 interactive booths on topics including preventive medicine, behavioral health and the social determinants of health. The exhibition welcomed over 1,000 visitors from across the University and the wider community.
Be the First Responder 1: Riverwalk	MSA Emergency Medicine Interest Group (EMIG)	December 4, 2025	Local community (general public)	First aid and emergency response	MSA website, Previous Events 2025	A public engagement activity that promoted emergency response and first aid awareness.

Title	Department	Date	Community Served	Health Topic	Source	Description
Alfaisal Mini Med School Series (AMMSS)	College of Medicine	Ongoing	Local community (general public)	Aging well, weight, sleep and mental health	Alfaisal Wellbeing Office website, Mini Med School Series page	A student-led, faculty-supervised initiative in which medical students organize one-hour sessions with expert guest speakers for the general public on topics such as care of the elderly, geriatric medicine and dementia, weight management, sleep medicine, mental health, chronic pain management and preconception counseling.
Disadvantaged people						
"Make a Wish" for Orphaned Children	Community and Service Committee (CAS)	November 1, 2024	Disadvantaged people (orphaned children)	Emotional well-being	Alfaisal University News, November 4, 2024	In partnership with WWE, CAS hosted a charity event for orphaned children. The programme supports orphaned children through positive social interaction, emotional well-being and the fulfillment of individual wishes, with direct engagement between the children, their families and University volunteers.
Agreement with the Tadawi Medical Association in Umluj Governorate	College of Medicine	September 16, 2025	Disadvantaged people (underserved coastal community, Umluj)	Medical consultation and health awareness	Alfaisal University News, September 22, 2025	Alfaisal University and the Tadawi Medical Association signed an agreement (MoU) to raise health awareness, launch a specialized medical consultation programme to enhance the quality of healthcare services in the governorate, and organize lectures and training courses for medical and nursing staff.

Title	Department	Date	Community Served	Health Topic	Source	Description
Immigrant communities						
Health Khair: Healthcare for Migrant Workers	College of Medicine (student initiative)	2024	Immigrant community (migrant workers)	Health screening and access to care	Alfaisal University News, May 19, 2024	Founded by College of Medicine student Sarah Haque and supported by Vice Deans Dr. Baraa Alghalyini and Dr. Akef Obaidat, Health Khair focuses on the health of migrant workers in the community, offering medical consultations and health screenings and connecting workers with doctors when needed. Its founder received the Elaji Charity's Philanthropic Achievement Award.

© 2026 Alfaisal University | All Rights Reserved